

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
2	Academic Tutoring and Social Skills Training												Effective
3	Across Ages							Favorable					Promising
4	Adolescent Alcohol Prevention Trial (AAPT)												
5	Adolescent Transitions Program			Effective			Effective		Effective		Exemplary 2		Effective
6	Aggression Replacement Training					Promising				Effective			Effective
7	Aggressors, Victims & Bystanders: Thinking & Acting to Prevent Violence					Promising							
8	AIDS Prevention for Adolescents in School						Effective						
9	Alcohol Skills Training Program						Effective						
10	Al's Pals: Kids Making Healthy Choices					Promising		Favorable					Effective
11	Albuquerque Victim-Offender Mediation Program												Promising
12	Alcohol Misuse Prevention Study												Effective
13	All Children Excel												Promising
14	All Stars					Promising							Promising
15	American Indian (Zuni) Life Skills												Effective
16	Anchorage Youth Court												Promising
17	Anger Coping Program			Effective			Effective	Favorable		Effective			
18	Assertiveness Training Program									Effective			
19	Athletes Training and Learning to Avoid Steroids (ATLAS)		Promising			Exemplary	Effective	Favorable	Effective				Exemplary
20	BASICS (Brief Alcohol Screening and Intervention for College Students)		Promising				Effective						Exemplary
21	BASIS									Effective			

[illegible]

[illegible]

[illegible]

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
72	Coping with Work and Family Stress												
73	Counselors CARE and Coping and Support Training			Effective									
74	Creating Lasting Family Connections					Promising					Model		Effective
75	Dare to Be You (DTBY)				Reviewed						Model		Exemplary
76	Delaware Juvenile Drug Court Diversion Program												Promising
77	Detention Diversion Advocacy Program	Effective											
78	Dialectical Behavior Therapy				Reviewed								
79	Earlscourt Social Skills Group Program			Effective				Favorable					
80	Early Risers <i>Skills for Success</i> Program						Effective		Effective				Exemplary
81	East Texas Experiential Learning Center												Promising
82	Effective Black Parenting										Model		
83	Eight Percent Program	Effective											
84	Enforcement of the Law Against Tobacco Sales to Minors in Harlem						Effective						
85	Enterprise Zones									Effective			
86	Extended-Service Schools Initiative												Promising
87	Facing History and Ourselves					Promising							Promising
88	Families and Schools Together (FAST)										Model		Promising
89	Families in Action												Effective
90	Family Bereavement Program			Effective									
91	Family Effectiveness Training (FET)												Promising
92	Family Health Promotion												Promising
93	Family Matters				Reviewed		Effective						Exemplary

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
94	FAST Track		Promising	Effective				Promising	Effective			Promising 2	Exemplary
95	Father Flanagan's Girls and Boys Town												Promising
96	First Step to Success			Effective			Effective	Favorable					Effective
97	Focus on Families								Effective		Model		Exemplary
98	Functional Family Therapy (FFT)	Effective	Model				Effective				Exemplary 1	Model 1	Exemplary
99	Gang Resistance Education and Training (G.R.E.A.T.)												Effective
100	Gang Resistance Is Paramount (GRIP)												Promising
101	Gentreaux Program									Effective			
102	Get Real About AIDS						Effective						
103	Get Real About Violence												Promising
104	Girls' Circle												Promising
105	Good Behavior Game	Effective	Promising	Effective				Promising	Effective			Promising 2	Exemplary
106	Great Body Shop												Promising
107	Growing Healthy					Promising							Promising
108	Guiding Good Choices (Formerly Preparing for the Drug Free Years)		Promising			Promising	Effective	Promising	Effective		Exemplary 1	Promising 2	Exemplary
109	Hardcore Gang Investigations Unit - LA County D.A.												Effective
110	Head Start												Promising
111	HeadOn: Substance Abuse Prevention for Grades 6-8												Effective
112	Healthy Families America										Model		Promising
113	Helping the Noncompliant Child										Exemplary 1		Promising
114	Home Instruction Program for Preschool Youngsters (HIPPPY)										Model		
115	HOMEBUILDERS										Model		Promising

[illegible]

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
132	Kentucky Adolescent Tobacco Prevention Project												Promising
133	Know Your Body							Favorable					Promising
134	Last Chance Ranch	Effective											
135	Let Each One Touch One Mentor Program					Promising							Promising
136	Lifeskills '95												Effective
137	Life Skills Training (LST)		Model			Exemplary	Effective	Exemplary	Effective	Effective		Model 2	Exemplary
138	Life Skills Training (LST): Booster Program								Effective				
139	Linking the Interests of Families and Teachers (LIFT)		Promising	Effective		Promising		Promising				Promising 2	Exemplary
140	Lions-Quest Skills for Adolescence					Promising			Effective				Effective
141	Lions-Quest Working Toward Peace					Promising	Effective						Promising
142	Maine Juvenile Drug Treatment Court												Promising
143	Make Parenting a Pleasure										Promising		
144	Mass Media Smoking Prevention Program							Favorable					
145	MELD										Model		
146	Mendota Juvenile Treatment Center												Effective
147	Message Framing												
148	Michigan Model for Comprehensive School Health Education					Promising		Favorable					Promising
149	Michigan State Diversion Project												Promising
150	Midwestern Prevention Project (Project STAR)		Model			Promising		Exemplary	Effective			Model 2	Effective
151	Minneapolis Center for Victim-Offender Mediation												Promising
152	Minnesota Smoking Prevention Program					Promising							Promising

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
153	Movimiento Ascendencia (Upward Movement)												Promising
154	Multidimensional Family Therapy (MDFT)	Effective					Effective				Exemplary 2		Effective
155	Multidimensional Treatment Foster Care -OSLC	Effective	Model			Exemplary					Exemplary 1	Model 1	Exemplary
156	Multidisciplinary Team (MDT) Home Run Program												Promising
157	Multimodal Substance Abuse Prevention												Promising
158	Multisystemic Therapy (MST)	Effective	Model								Exemplary 1	Model 1	Exemplary
159	Native American Prevention Project Against AIDS/Substance Abuse (NAPPASA)												Promising
160	NICASA Parent Project										Model		
161	North Karelia							Favorable					
162	N-O-T on Tobacco												Effective
163	Nurse-Family Partnership (Formerly Prenatal and Infancy Home Visitation by Nurses)		Model				Effective			Effective	Exemplary 2	Model 1	Exemplary
164	Nurturing Parenting Program										Model		Promising
165	Nurturing Program for Families in Substance Abuse Treatment and Recovery										Promising		
166	Oakland Beat Health Program												Promising
167	Oakland Victim-Offender Reconciliation Program												Promising
168	Olweus Bullying Prevention Program (BPP)	Effective	Model				Effective	Exemplary		Effective		Promising 2	Effective
169	Open Circle Curriculum					Promising		Favorable					Promising

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
170	Operation Ceasefire												Promising
171	Orange County Juvenile Substance Abuse Treatment Court												Promising
172	Parent-Child Assistance Program (P-CAP)												Effective
173	Parent-Child Home Program						Effective						
174	Parent-Child Interaction Training											Promising 2	
175	Parenting Partnership												Promising
176	Parenting Through Change				Reviewed								
177	Parenting Wisely						Effective				Exemplary 2		Promising
178	Parenting With Love and Limits												Exemplary
179	Parents Anonymous										Promising		
180	Parents as Teachers										Model		Promising
181	Parents Who Care										Model		
182	Participate and Learn Skills (PALS)	Effective								Effective			
183	Partnership for Health												
184	Pathways to Change												
185	Peace Works												Promising
186	PeaceBuilders	Effective				Promising		Favorable					Exemplary
187	Peaceful Conflict Resolution and Violence Prevention Curriculum							Favorable					
188	Peacemakers Program (Grades 4-8)					Promising							Effective
189	Peer Coping Skills Training			Effective				Favorable					
190	Peers Making Peace					Promising							Promising
191	Penn Prevention Program			Effective									
192	Perry Preschool Program/High Scope	Effective	Promising				Effective	Promising		Effective		Promising 1	Exemplary

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
193	Philadelphia Youth Violence Reduction Partnership												Promising
194	Phoenix House												Effective
195	Positive Action					Promising	Effective	Favorable					Effective
196	Positive Youth Development Program			Effective				Favorable		Effective			
197	Preventing School Vandalism and Disruptive Behavior							Favorable		Effective			
198	Preventive Alcohol Education Program												Promising
199	Preventive Treatment Program (Montreal Longitudinal Experimental Study)	Effective	Promising	Effective				Promising		Effective		Promising 1	Exemplary
200	Primary Project (Formerly the Primary Mental Health Project)			Effective		Promising							Promising
201	Program Development Evaluation (PDE) Method									Effective			
202	Project ACHIEVE												Promising
203	Project ALERT		Promising			Exemplary	Effective	Favorable	Effective	Effective			Exemplary
204	Project ALERT Plus								Effective				
205	Project Back-on-Track												Promising
206	Project Care							Favorable		Effective			
207	Project EX				Reviewed								Effective
208	Project Link												Effective
209	Project Northland		Promising			Exemplary	Effective	Promising					Exemplary
210	Project PACE												Promising
211	Project PATHE (Positive Action Through Holistic Education)												Promising
212	Project Prince									Effective			
213	Project RAISE									Effective			
214	Project SEEK										Model		

[illegible]

[illegible]

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP-SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman-Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
250	SMART Team (Students Managing Anger and Resolution Together) (Formerly SMART Leaders)				Reviewed	Promising							Effective
251	Social Competence Promotion Program for Young Adolescents (SCPP-YA)												Effective
252	Social Decision-Making & Problem Solving					Promising							Promising
253	Social Relations Program			Effective									
254	Socio-moral Reasoning Development Program							Favorable					
255	SOS: Signs of Suicide												Promising
256	Spit Tobacco Intervention												Effective
257	Start Taking Alcohol Risks Seriously (STARS) for Families						Effective						Effective
258	Starting Early Starting Smart (SESS)						Effective						
259	Steps to Respect: A Bullying Prevention Program												Effective
260	Stopping Teenage Addiction to Tobacco (STAT)												Effective
261	Strengthening Families Program								Effective		Exemplary 1		Exemplary
262	Strengthening Families Program for Parents and Youth 10-14 (Formerly Iowa Strengthening Families Program)		Promising			Exemplary	Effective	Promising	Effective		Exemplary 2	Promising 2	Exemplary
263	Strengthening Hawaii Families										Model		
264	Strengthening Multi-Ethnic Families and Communities Program										Promising		

[illegible]

[illegible]

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	Matrix of Programs (Updated 03/05/07)	American Youth Policy Forum (2000) (1)	Blueprints for Violence Prevention (2007) (2)	Center for Mental Health Services (2000) (3)	NREPP- SAMHSA (2007) (4)	Dept. of Education-Safe Schools (2001) (5)	Communities That Care - SAMHSA (2004) (6)	Mihalic & Aultman- Bettridge (2004) (7)	National Institute of Drug Abuse (2003) (8)	Sherman et al. (1997) (9)	Strengthening America's Families (1999) (10)	Surgeon General's Report (2001) (11)	OJJDP Model Programs Guide (2007) (12)
304	Programs are divided into Model and Promising (refer to www.colorado.edu/cspv/blueprints).												
305	(3) Center for Mental Health Services, US Department of Health and Human Services, Prevention Research Center for the Promotion of Human Development:												
306	Programs are divided into Effective and Promising (refer to www.prevention.psu.edu/pubs/Mental_Health_pubs.html)												
307	(4) Substance Abuse and Mental Health Services Administration, Department of Health and Human Services, National Registry of Effective Programs:												
308	Programs are reviewed and rated for each individual outcome targeted by an intervention, not ratings of interventions overall (refer to nrepp.samhsa.gov).												
309	(5) Department of Education: Safe and Drug Free Schools:												
310	Programs are divided into Exemplary and Promising (refer to www.ed.gov/admins/lead/safety/exemplary01/panel.html)												
311	(6) Communities that Care: <i>Communities That Care® Prevention Strategies Guide</i> (2004).												
312	Programs are categorized as Effective (refer to ncadi.samhsa.gov/features/ctc/resources.aspx).												
313	(7) Mihalic, Aultman-Bettridge (2004): <i>A Guide to Effective School-Based Prevention Programs</i> .												
314	Programs are divided into Exemplary, Promising and Favorable (refer to William L.Turk, Editor. <i>School Crime and Policing</i> . Englewood Cliffs, NJ: Prentice-Halls, 2004).												
315	(8) National Institute of Drug Abuse: <i>Preventing Drug Use among Children and Adolescents: A Research-Based Guide for Parents, Educators, and Community Leaders, Second Edition</i> (2003).												
316	Programs are categorized as Effective (refer to www.drugabuse.gov/pdf/prevention/RedBook.pdf).												
317	(9) Sherman et al. (1997): <i>Preventing Crime: What Works, What Doesn't, What's Promising</i> . University of Maryland Department of Criminology and Criminal Justice. (NCJ 165366).												
318	Programs are categorized as Effective (refer to www.ncjrs.org/works)												
319	(10) Strengthening America's Families:												
320	Programs are divided into Exemplary 1, Exemplary 2, Model and Promising (refer to www.strengtheningfamilies.org)												
321	(11) Youth Violence: A Report of the Surgeon General:												
322	Programs are divided into Model and Promising: Level 1-Violence Prevention; Level 2-Risk Prevention (refer to www.surgeongeneral.gov/library/youthviolence/default.htm)												
323	(12) OJJDP Model Programs Guide (Title V). Washington, DC: Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Dept. of Justice.												
324	Programs are divided into Exemplary, Effective, and Promising (refer to www.dsgonline.com/mpg2.5/mpg_index.htm)												
325													
326	Created by:												
327	Sharon Mihalic, Blueprints Director												
328	Blueprints for Violence Prevention												
329	Center for the Study and Prevention of Violence												
330	University of Colorado at Boulder												
331	1877 Broadway, Suite 601												
332	Boulder, CO 80302												
333	Phone: (303) 492-1032 Fax: (303) 443-3297												
334	E-mail: blueprints@colorado.edu												
335	www.colorado.edu/cspv/blueprints												
336	Updated 03/05/07												